

Supplementary file 8. Narrative mixed anxiety & depression outcome data not contributing to meta-analyses

Study ID	Number of overall study participants	Time point (weeks)	Measure used <sup>1</sup>	Narrative data comparing change in mixed anxiety & depression scores between quitters and non-quitters	Between group difference (↑ mixed anxiety & depression improved more in quitters than non-quitters; ↔ equivocal; ↓ mixed anxiety & depression improved less in quitters than non-quitters)
Mathew 2013	49	13	PANAS - NA	"Abstainers and nonabstainers did not significantly differ in NA as a function of time."	↔
Saiz Martinez 2016	81	26	PANSS -NA	"No significant differences (P>.05) were found between groups at baseline evaluation. Likewise, there were no significant differences between smokers and non-smokers after treatment (3 and 6 months follow-up) in their clinical symptomatology (according to PANSS, HDRS and CGI-SCH), anthropometric measures and heart rate."	↔

<sup>1</sup> PANAS-NA: Positive & Negative Affect Schedule - Negative Affect subscale; PANSS-NA: Positive and Negative Syndrome Scale – Negative affect subscale